

**Freshman Seminar 24i: Mathematical Problem Solving**  
Using AM–GM and other applications of Jensen’s inequality

Some simple applications:

- 1) Of all rectangular boxes of volume  $V$ , the cube has the smallest surface area.
- 2) An “open box” is a rectangular box missing one of its six sides (so that we can put things in and out of the box). Given  $V$ , what is the open box of volume  $V$  that has minimal surface area? Upon further reflection, can you derive this directly from (1)?
- 3) Of all triangles of area  $A$ , the equilateral triangle has the smallest perimeter.

Some proofs of the inequality and generalizations:

- 4) Say a real-valued function  $f$  on some (possibly infinite) interval  $I$  is “midpoint-convex” upwards if

$$f\left(\frac{1}{2}(x+y)\right) \leq \frac{1}{2}(f(x) + f(y))$$

for all  $x, y$  in  $I$ ; we say  $f$  is *strictly* midpoint-convex upwards if equality holds only for  $x = y$ . Prove that if  $f$  is midpoint-convex upwards then Jensen’s inequality

$$f\left(\frac{1}{n}(x_1 + x_2 + \cdots + x_n)\right) \leq \frac{1}{n}(f(x_1) + f(x_2) + \cdots + f(x_n))$$

holds for all  $n$  and for all  $x_1, \dots, x_n$  in  $I$ ; and that if  $f$  is strictly midpoint-convex then equality holds if and only if all the  $x_i$  are equal. [Hint: the inequality is trivial for  $n = 1$  and the definition of midpoint-convexity for  $n = 2$ . Prove it first for  $n = 4, 8, 16, \dots$ ; to get the general case, try first to derive the  $n = 3$  case from  $n = 4$ . Thanks to Zach for reminding me of the AM–GM case of this trick.]

- 5) Show directly (without calculus etc.) that the functions  $x^2$  and  $e^x$  are midpoint-convex upwards on all of  $\mathbf{R}$ , that  $1/x$  is midpoint-convex upwards on  $x > 0$ , and that  $\sin x$  is midpoint-convex downwards on  $0 \leq x \leq \pi$ . (Hint: it can be surprisingly useful that  $a \geq b$  if and only if  $a - b \geq 0$ .) Jensen’s inequality for these functions then follows from the previous problem.

- 6) Suppose  $w_1, w_2, \dots, w_n$  are nonnegative numbers with  $w_1 + w_2 + \cdots + w_n = 1$ . The *weighted average* of  $z_1, z_2, \dots, z_n$  with weights  $w_1, w_2, \dots, w_n$  is  $w_1z_1 + w_2z_2 + \cdots + w_nz_n$ . (For instance, the usual weighted average is recovered by setting each  $w_i$  equal  $1/n$ , and the barycentric coordinates of a point  $P$  in triangle  $ABC$  are the weights for which  $P$  is the weighted average of  $A, B, C$  — that’s one reason I didn’t restrict  $z_1, \dots, z_n$  to real numbers). *Jensen’s inequality for weighted averages* states that

$$f(w_1x_1 + w_2x_2 + \cdots + w_nx_n) \leq w_1f(x_1) + w_2f(x_2) + \cdots + w_nf(x_n)$$

if  $f$  is convex upwards, and likewise

$$f(w_1x_1 + w_2x_2 + \cdots + w_nx_n) \geq w_1f(x_1) + w_2f(x_2) + \cdots + w_nf(x_n)$$

if  $f$  is convex downwards. (Again the inequality compares the function of the average with the average of the function.) Prove this inequality: (i) in the same graphical way that we did for the unweighted version; (ii) as a consequence of Jensen (first do the case of rational  $w_i$ , then use continuity). If  $f$  is strictly convex, when does equality hold?

- 7) Show that weighted Jensen still reduces to Cauchy–Schwarz for  $f(x) = x^2$  or  $f(x) = 1/x$ .
- 8) Suppose  $P$  is a polynomial with positive coefficients. Prove that  $P(x)P(y) \geq (P(\sqrt{xy}))^2$  for all  $x, y > 0$ . When does equality hold? What are the functions whose convexity you can deduce from that inequality?
- 9) Suppose  $f(x)$  is convex downwards on  $a \leq x \leq b$  and we fix some  $n \geq 1$  and  $s$  between  $na$  and  $nb$ . Consider the sum  $f(x_1) + \cdots + f(x_n)$  subject to  $a \leq x_i \leq b$  and  $x_1 + \cdots + x_n = s$ . Jensen tells us that this is maximized when each  $x_i$  equals  $s/n$ . What choice of  $x_1, \dots, x_n$  *minimizes* the sum? For instance, how small can  $\sin \alpha + \sin \beta + \sin \gamma + \sin \delta + \sin \epsilon$  get if  $0 \leq \alpha, \beta, \gamma, \delta, \epsilon \leq \pi/2$  and  $\alpha + \beta + \gamma + \delta + \epsilon = 5$ ?